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• SUSTAINABILITY IN PRACTICE •

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..... ALL SANDWICHES & ROLLS ARE SERVED WITH YOUR CHOICE OF SALAD OR FRIES



STARTERS

STREET TACO

GRILLED OR FRIED FISH, CORN TORTILLA, CABBAGE, AWESOME SAUCE, JERSEY SAUCE, SALSA

\$4.50

CHOWDER FRIES

NATURAL-CUT FRIES SMOTHERED IN CREAMY CLAM CHOWDER & BACON

\$7

NEW ENGLAND CLAM CHOWDER

RED POTATOES, CLAMS, BACON

\$4
\$6

SHRIMP CEVICHE

MARINATED SHRIMP, TOMATO, LIME, CUCUMBER, TORTILLA CHIPS

\$7

SAUTEED VEGGIES

ALWAYS FRESH, WHATEVER IS IN SEASON

\$5

LOBSTER TAQUITOS

DRIZZLED WITH AWESOME SAUCE, FLOUR TORTILLA **2 FOR**

\$6.50

CHILLED COCKTAIL SHRIMP

LIGHTLY POACHED SHRIMP WITH ROOSTER COCKTAIL SAUCE (REQUEST FIVE ALARM SPICE)

\$9

SIMPLE SALAD

HAND-PICKED LETTUCES, CARROT, RADISH, CUCUMBER, TOMATO, CITRUS VINAIGRETTE

\$5

ORIGINALS

ULTIMATE FISH TACO

GIANT TWO-HANDED FISH TACO GRILLED OR CRISPY CABBAGE, AWESOME SAUCE, PICKLED ONION

\$7

EPIC SHRIMP BURRITO

PACKED WITH SHRIMP, TOMATO, RICE, FRIES, SALSA, PICKLED ONION

\$11

FISH & CHIPS (MAKE IT A SANDWICH)

SINGLE OR DOUBLE | GRILLED OR CRISPY FLAKEY WHITEFISH SERVED WITH HOUSEMADE TARTAR SAUCE AND REAL FRIES

\$9
\$13

SHRIMP ROLL

GRILLED OR FRIED SHRIMP PACKED INTO A SPLIT-TOP BUTTER ROLL, CHOOSE YOUR SAUCE

\$12

REEL FISH SANDWICH

REGAL SPRINGS TILAPIA, LETTUCE, TOMATO, CABBAGE, CHOOSE YOUR SAUCE

\$11

LOBSTER

TRADITIONAL LOBSTER ROLL

SERVED WARM TOSSED LIGHTLY IN DRAWN BUTTER, MAYO & LEMON

MP

LOBSTER GRILLED CHEESE

MELTED MIX OF NORTH ATLANTIC LOBSTER & CREAMY HERB SAUCE

\$15

SURF N TURF* BURGER

GRIDDLED BEEF PATTY SMOTHERED IN LOBSTER, CHEESE & CREAMY CARAMELIZED ONION, AWESOME SAUCE

\$16

LOBSTER GRINDER

CHILLED LOBSTER, SHRIMP, SPICED AIOLI, PACKED INTO A SPLIT-TOP BUTTER ROLL

\$15

SIDES

HOUSEMADE PICKLES

CHILLED OR FRIED, CHOOSE YOUR SAUCE

4

NATURAL-CUT FRIES

4

SALSA & HAND-CUT CHIPS

3

ORIGINAL SLAW

4

LETTUCE WRAPPED SHRIMP

6

Slapfit SALADS & BOWLS

SIMPLY GRILLED FISH SALAD

YOUR CHOICE OF DAILY FISH OVER FRESH MIXED LETTUCES, HAND-CUT VEGGIES & HONEY-LIME VINAIGRETTE

\$12

MEDITERRANEAN SEA SALAD

YOUR CHOICE OF DAILY FISH, BABY GREENS, FETA, PUMPKIN SEEDS, OLIVE OIL, FRIES

\$12

CITRUS SHRIMP SALAD

GRILLED SHRIMP, CUCUMBER, TOMATO, BABY GREENS, CITRUS VINAIGRETTE

\$12

POWER BOWL

MIXED-GRILL SEAFOOD, BROWN RICE, CRISP VEGGIES, AVOCADO, EXTRA VIRGIN OLIVE OIL

\$13

GRILLED FISH BOWL

YOUR CHOICE OF DAILY FISH, SEASONED RICE, HERB SAUCE, HAND PICKED SALAD

\$13

POKE BOWL*

ONLY THE FRESHEST TUNA POKE, SEASONED RICE, CHIPS AND GREENS

\$14

HAWAIIAN BOWL

GARLIC SHRIMP, PINEAPPLE, SEASONED RICE, HAND PICKED SALAD

\$13

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS